

High School

Starting high school is a major milestone

Starting high school is an exciting time when students are faced with a large range of courses and increased independence. This can be overwhelming and scary, especially when course selection can impact career and post secondary school options after graduation.

For many students with special needs high school can be challenging. Some students with physical disabilities may find a full course load too tiring or need more help to develop study skills and time management. Other students may not be able to complete the requirements for the Ontario Secondary School Diploma and may be working towards an Ontario secondary School Certificate or a Certificate of achievement.

Articles in this section provide information and strategies on planning and supporting student success at high school. Resources are available under the following headings:

- [High School Programs](#)
- [Parent Tips for High School](#)
- [Student Tips for High School](#)